



Pricing for Life Coaching Services

A life coach helps clients accomplish personal and professional goals. People commonly seek coaching help with relationships, career, developing positive habits, dealing with stress, parenting, and spirituality. Life coaching can be a one-time session or an ongoing professional relationship. Meetings can take place in the client's home, office, or via phone or internet. Below are the various packages available, along with respective pricing.

1. Single Sessions – Cost \$80 per session

- Individual sessions for clients who are seeking short-term guidance and/or help with goal-setting.
- Ongoing clients who prefer to pay on a session-by-session basis.

2. Coaching Packages

- Package deals for ongoing clients that want to work over a period of time to explore life transitions, relationships, career or professional growth, lifestyle changes etc.
- More interactive work can require more time in session, which could result in additional sessions or resources needed.

2a. One month life coaching packages

- a. Three 60-minute sessions with limited contact between sessions: \$220
- b. Four 60-minute sessions with limited contact between sessions: \$300
- c. Four 90-minute sessions with limited contact between sessions: \$400

2b. Six month life coaching packages

- a. One session a month for six months: \$460 (\$20 savings instead of purchasing six individual sessions at \$80 each)
- b. One session every other week: \$840 (\$120 savings instead of purchasing twelve individual sessions at \$80 each)
 - **Price breakdown:** \$140 a month for six months, which can be broken into two \$70 payments per month
- c. One session every week for six months: \$1440 (\$480 savings over purchasing 24 sessions at \$80 each)
 - **Price Breakdown:** \$240 a month for six months, which can be broken into weekly (\$60) or biweekly payments (\$120)



3. Relationship Coaching

- Three 60 minute sessions: \$300
- Four 60 minute sessions: \$400
- Six 60 minute sessions: \$600

Methods of Payment

- Cash app - \$AjaGant
- Bank Transfer (For Navy Federal Accountholders Only)
- Paypal – amgant@hotmail.com

Cancellation Policy

The coach or client possess the ability to cancel the coaching contract. Either party agrees to provide the other with two weeks' notice in the event that there is a desire to terminate the coaching contract. Otherwise, the coaching will continue for the duration of the contracted period.